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Father's Day Tips for Divorced Dads and Moms

<u>Divorce Magazine</u>'s bloggers – consisting of family lawyers, mental-health and financial professionals, as well as divorced individuals – offer Father's Day tips and advice to separated and divorced fathers and mothers.

TORONTO, ON (June 16, 2016) — Father's Day can be a difficult holiday for single parents – especially when it's the first time that your children will be celebrating without their parents together.

Whether you're a divorced father hoping to make Father's Day special for your kids or a father who will be spending the day alone – perhaps still fighting for custody or visitation rights – our expert bloggers will help you understand what steps you need to take to ensure the best day possible for you and your kids. Single mothers will also find useful advice on how to handle this day.

For fathers who are looking to dedicate the day to their kids, but aren't sure how to prepare or what to expect, <u>"4 Tips for Celebrating Father's Day Post-Divorce</u>" by



Deanna Conklin-Danao – a clinical psychologist and collaborative divorce coach and child specialist – offers tips on how to make sure the day is enjoyable for you and your children.

"Father's Day is an opportunity to celebrate your role as a dad and enjoy your relationship with your children," says Conklin-Danao. "This relationship endures even after a divorce, and Father's Day is a chance to remind your kids (and yourself) that you will always love each other. Come to think of it, that shouldn't be limited to just one day a year!"

For more tips and advice related to Father's Day during and after divorce, check out the following blog posts:

8 Ways to Handle Father's Day Without the Kids

When you are alone on Father's Day, there are various ways to cope with this post-divorce. Distraction is one way to keep your mind off not celebrating it with the kids.

6 Tips for Enjoying Your First Father's Day as a Single Dad

During your first Father's Day as a single dad, there are things you must consider doing in order for you and your kids to enjoy the day.

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Father's Day Falls on Her Day with the Kids. What Do I Do?

Father's Day can be painful when the father looks at his current child custody order, visitation schedule, or parenting plan and sees that Father's Day is actually one of mother's days of custodial time under the order or agreement. There are several things that a father can do if Father's Day happens to fall on "her day."

28 Questions Dads Should Think About When Seeking Shared Parenting Time

What should dads do in order to maximize their chances of shared parenting time or, in some cases, primary custody? The following are some of the essential questions for dads to think about.

Do's and Don'ts for a Single Mother on Father's Day

As a single mother on Father's Day, sometimes it can be a little lonely when the children are not by your side, but it is essential to recognize the importance, in your children's eyes, of spending time with their father, particularly on Father's Day.

Divorce Magazine and www.DivorceMagazine.com have been providing individuals and families who are going through the transition of separation and divorce with information, support, and guidance since 1996. The magazine and website both offer practical help and information – from child support to visitation, mediation to litigation, divorce recovery to dating after divorce. This year, *Divorce Magazine* and <u>Divorce Marketing Group</u> are celebrating their 20th anniversary of offering support, advice, and guidance to separated and divorced individuals.

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